



The following items are available for sale from Arthritis NSW. Simply print the form out, select the items you'd like and either fax it with your credit card details to Arthritis NSW on 02 9683 1633, or send it with a cheque for the total amount to Arthritis NSW, Locked Bag 16, Post Office, North Parramatta NSW 2151. You can also call us on 1800 011 041 and order over the telephone with your credit card. Please do not email this page to Arthritis NSW.

**If you have any queries about any of these books and products, please call us on 1800 011 041 (NSW residents only - outside NSW please call 02 9683 1622).**



Item No	Title	Cost	Quantity
	<b>BOOKS</b>		
	<b>Arthritis</b>		
1	Overcoming Arthritis	\$29.95	
2	Arthritis: The Essential Guide	\$35.00	
3	Good Living with Fibromyalgia	\$40.00	
4	Hip Replacement: Care and Management	\$15.40	
5	Exercise Beats Arthritis	\$17.50	
6	Juggling Sore Joints and Babies	\$16.50	
7	Get A Grip - usually \$39.95 SPECIAL PRICE	\$30.00	
8	Arthritis, A Take Care of Yourself Guide	\$10.00	
9	The Back Pain Help Book	\$10.00	
10	Common Sense Patient Education 2nd Ed (for health professionals)	\$18.00	
11	Rheumatism - Consumers	\$5.00	
	<b>Juvenile Arthritis</b>		
12	The Tale of Susie J Mouse	\$13.20	
13	But Children Don't Get Arthritis	\$5.50	
	<b>Self-Management Books</b>		
14	The Arthritis Helpbook - 5th Ed.	\$40.00	
15	Living a Healthy Life with Chronic Conditions 2nd Ed.	\$45.00	
	<b>Osteoporosis and Falls Prevention</b>		
16	Everybody's bones book	\$24.20	
17	Falls and Fractures Manual	\$15.00	
18	Osteo-smart kit (includes postage)	\$52.50	
	<b>ARTHRITIS VIDEOS</b>		
19	Tai Chi for Arthritis Part 1 (also available on DVD)	\$30.00	
20	Tai Chi for Arthritis Part 2 (also available on DVD)	\$30.00	
21	Tai Chi for Over 55s	\$30.00	
22	Exercise Beats Arthritis	\$21.00	
23	More Exercise Beats Arthritis (also available on DVD)	\$21.00	
24	Good Moves	\$27.50	
25	Set of Tai Chi Video and Handbook	\$38.00	
26	Tai Chi for BackPain (also available on DVD)	\$30.00	
	<b>Osteoporosis and Falls Prevention Videos</b>		
27	Falls prevention video	\$33.00	
28	Falls prevention kits	\$49.00	
	<b>Audio Tapes</b>		
29	Arthritis Seminar 2003 - 2 tape set. Professors L March & J Horstman	\$8.00	
	<b>ARTHRITIS DVDs</b>		
30	Tai Chi for Arthritis Part 1	\$30.00	
31	Tai Chi for Arthritis Part 2	\$30.00	
32	Tai Chi for Back Pain	\$30.00	
33	Exercise Beats Arthritis	\$30.00	
	<b>Products</b>		
34	EziGrip Carry handles - price per pair	\$2.50	
35	Pens (triangular) - price each	\$2.50	
	<b>POSTAGE AND HANDLING - flat rate. Please telephone and enquire about P&amp;H for large orders</b>	<b>\$6.00</b>	
	<b>TOTAL</b>		

Please note that all prices include 10% GST. If you are ordering from overseas please **contact** Arthritis NSW to discuss prices, postage and handling to your location before placing an order.